Customer Spotlight: Sea Interior Design

New Doors: Cortina, Lynden and Equinox

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2016 Rio Summer Olympics Trivia

www.canyoncreek.com
Located in beautiful Laguna Beach, CA, Sea Interior Design was founded in 2001 by Rebecca O’Rourke. Rebecca grew up traveling through Europe and South America, and these global journeys and experiences have enriched her cultural design perspective in mixing textures, colors and finishes.

After 15+ years of working in interior design and sales, Rebecca launched Sea Interior Design. The company is a family-owned and operated business that has built a reputation for blending artistry with quality materials and skilled craftsmanship to personalize projects for customers.

Their services range from simple concept development and home styling to complete interior design and home renovation project management. They help their customers make product selections while taking the time to listen to their customers’ needs, and to create a design to meet their desires and determine a realistic budget. They will show homeowners their space design options along with project costs and set realistic expectations.

Once everyone is in agreement with the project specifications, they supervise and manage the scheduling and work of all the skilled subcontractors involved with the project. They’ll also provide homeowners with regular status updates so that they know when the scheduled work will begin and end, and to help ensure that their customers’ expectations are met and completed to their satisfaction.

Whether homeowners are renovating a bathroom or redesigning their entire home, they can rely on Rebecca’s design expertise to help them translate their vision into reality. Over the years, Rebecca has worked closely with hundreds of clients, and many have become good friends. “Nothing brings me greater pleasure than seeing the happy look on someone’s face when they see their new space.”

Visit Sea Interior Design at
www.seainterior design.com | https://www.facebook.com/Seainteriors
http://www.houzz.com/pro/seainterior design/sea-interior-design
We’ve Added Three New Door Styles!

Our three new styles bring plenty of design flexibility to Cornerstone and Millennia.

Building on the popularity of the Shaker family, we’ve added a beveled interior profile to Valley Forge (Lynden) and Shaker (Equinox). This simple change gives an entirely new look to these doors, softening the crisp lines found in the rest of the group.

The Canterbury family has also been expanded. Canterbury is a favorite raised panel style, while the companion door, Carlsbad, features a recessed panel. Cortina keeps the same interior profile, with a recessed center panel and wider stiles and rails.

Canyon Creek Cabinet Company
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Sustainable Manufacturing
Canyon Creek began incorporating green technology into our manufacturing in 1991. Our long-standing commitment to the environment encompasses everything from energy use, resource conservation and recycling, to low-VOC finishes and sustainable products. As a result of our focus, we were the first cabinet company awarded the KCMA’s Environmental Stewardship Program Certificate.

Join Us! Our Facebook page is a busy place—we share customer projects, “goings on” in the plant, product info, short videos, interesting articles and much more. Click the logo at left to join the community.
Back To School Tips And Tricks

With the relaxing days of summer coming to an end, there is a flurry of activity getting the family organized for the school year. Start the year off right with some of our favorite tips and tricks from Houzz:

Homework area - Minimize homework struggles with a separate homework area stocked with notebook paper, pens, pencils and any other supplies your student might need.

Record important dates on the calendar – Keep track of everyone’s schedule by recording extracurricular activities, holidays and birthdays on a family calendar prior to the school year beginning. Don’t forget to mark the dates for Parent-Teacher conferences!

Meal plan – Take an hour or two each week to prep and plan meals. Have a handful of freezer meals ready to go, and gather lunch items and snacks in a central location. After a busy day, you’ll be happy to have these short cuts.

Take stock of wardrobes – Get rid of any clothes that no longer fit and start a list of what clothes your student will need prior to buying new items. Make your morning routine easier by placing outfits for the week in baskets or on hangers.

Visit Houzz for more back to school ideas.

Freezer Meal: Slow Cooker Hawaiian Chicken

Freezer meals are not only delicious, but easy to prepare and save you time. Try this delicious Hawaiian Chicken recipe from New Leaf Wellness:

Ingredients
- 1 lb. boneless, skinless chicken breast cut into bite-sized pieces
- 1 fresh pineapple (stalk, skin and core removed) cut into bite-sized pieces
- 2 tablespoons light brown sugar
- 2 tablespoons low sodium soy sauce
- Gallon-sized freezer bag

Prep
- Label freezer bag with directions, ingredients and the date
- Add all ingredients to freezer bag (add chicken last!)
- Remove air and seal bag
- Lay flat in your freezer

The night before cooking, remove bag and thaw in refrigerator.

Cook
- Pour contents into slow cooker
- Cook for 3-6 hours on the “low” setting or until chicken is cooked through

Serve with brown rice and broccoli
Office Organization 101

An unorganized, messy office can seriously decrease your productivity. Get rid of the clutter and keep your desk tidy with these office organizational practices.

Don’t overload on supplies. No one needs 100 extra pens or 200 packets of post-it notes. Too many extra supplies create clutter and a disorganized work area. Instead of stockpiling office supplies, purchase them on an as-needed basis.

Although time consuming, take a moment (or two) to inventory your files, books, supplies and other important paperwork. You might find that you have duplicate or outdated items that are taking up precious space.

Establish work zones in your office by grouping similar items together. The main zone being your desk with items you use most often. A reference zone for files, books, etc., will help you find important documents faster. Items you might only use once in awhile should be kept in drawers and containers out of the way of your work space.

Set up a filing system and color code important papers. Custom cabinetry can be utilized to organize your work zones and give your office a professional look.

2016 Summer Olympics Trivia!

The Rio 2016 Summer Olympics have been in full force since August 5th and will conclude with the closing ceremony on August 21st. Try out your Olympic knowledge below!

1. What sport made its debut as an Olympic sport in 2016?
2. What sport was held at the 2016 Summer Olympics for the first time since 1904?
3. How many countries participated in this year’s Olympics?
4. How many events are in the 2016 Summer Olympics?
5. What are the names of the Rio Olympics mascots?
6. Gold medals consist of what two metals?

Answers: 1.) Rugby sevens  2.) Golf  3.) 207  4.) 306 events in 28 sports  5.) Vinicius and Tom  6.) Gold medals are 98.8% silver and plated with 6 grams of gold (compoundchem.com)
**Species of the Month:**

**BEECH**

**Top left:** Beech is a durable, hard wood with a fairly straight grain pattern. We offer Beech in Cornerstone, Millennia and Closets Plus.

**Lower left:** Colors vary from light to mid-tone brown with some dark brown heartwood streaks. A range of grain patterns and colors may appear on the same panel, and adjacent door/drawer fronts might not match each other.

**Top right:** As a standard wood species, Beech is both beautiful and a great value. With so many door style and stain combinations offered on Beech, you’re sure to find an option to fit your home.

**Lower right:** Rustic Beech, offered in Cornerstone and Millennia, features random knots and other natural characteristics that occur more frequently than in Beech.